

THE TALK:



Get the Information ... Start the Conversation

Coming of Age in the 21st Century—
What Kids (and Parents) Need to Know

At a loss when it comes to talking to your kids about sex? Bring your son(s) or daughter(s) and join us for frank discussions about the sexual issues facing kids today. These gender-specific talks will be facilitated by professionals in sexual health and wellness from Camp Fire USA and Methodist Physicians Clinic.

If you have questions regarding which session is most appropriate for you or your child, please do not hesitate to contact Carla O'Donnell at (402) 397-5809 ext. 211 or codonnell@campfireomaha.org. Reservations and parental consent are required. Call Lindsay Novak at (402) 354-1770 or Carla O'Donnell at (402) 397-5809 ext. 211. For more information visit www.methodistsexualwellness.com.

When? **BOYS NIGHT** January 26, 2010 7-8:30 p.m.
GIRLS NIGHT February 2, 2010 7-8:30 p.m.

Where? Nebraska Methodist College • The Josie Harper Campus • 720 N. 87th St., Omaha, NE 68114

PARENT SESSION I:

- Designed for all parents in attendance
- Five areas of conversation: physical, emotional, relational, personal & spiritual
- Specifics include: internet and phone safety, personal boundaries, STD statistics and prevention

PARENT SESSION II:

- Designed for parents of youth with intellectual disabilities ages 9-18
- Specifics include: importance of safety, respect, personal boundaries and healthy relationships
- Discuss sexual abuse and statistics regarding abuse and disabilities

YOUTH SESSIONS

LKN4LV2

- Designed for youth with special needs and/or disabilities ages 9 to 13
- Interactive activities and discussion including:
 - Safety
 - Personal boundaries
 - Respecting yourself and others
 - Sex-positive views in general

ABC's of Puberty

- Designed for ages 9 to 13
- Interactive activities and discussions including:
 - Sexual development and body changes including menstruation
 - Introduction on pregnancy and STDs
 - Social influences including safe internet/phone

Sexpectations

- Designed for ages 14 to 18
- Interactive activities and discussions including:
 - Healthy decision making
 - Personal values
 - Relationships and dating
 - Contraception, pregnancy/parenting and STDs

Registration Form (Please fill out a separate registration for each child who will be attending.)

Youth's First Name: _____ Last Name: _____

Address: _____ Zip: _____ Phone Number: _____ Male__ Female__ Date of Birth: _____

Age: _____ Grade: _____ E-mail Address: _____

Parent or Guardian's Name: _____

Address (if different from child): _____ Phone Number: _____

E-mail Address: _____

Special Accomodations needed: _____

Please indicate which session(s) you plan to attend: _____

I give my child permission to participate in the selected session(s)

Signature of Parent or Guardian: _____ Date: _____

Sponsored by Camp Fire USA



and Methodist Physicians Clinic.