

INCONTINENCE-ASSOCIATED DERMATITIS (IAD)

Incontinence-Associated Dermatitis is sometimes called diaper rash. It is inflammation or breakdown of skin that occurs with prolonged exposure to stool or urine on skin around the genitals, inner thighs and buttocks.

RISK FACTORS

- ▶ Incontinence
- ▶ Acute or chronic illness
- ▶ Decreased mobility
- ▶ Decreased self-hygiene
- ▶ Decreased sensory perception
- ▶ Antibiotic use

SIGNS AND SYMPTOMS

- ▶ Reddened skin
- ▶ Itching or pain
- ▶ Scaly skin
- ▶ Blisters
- ▶ Weeping skin
- ▶ Raw or broken skin
- ▶ Odor may be present

TREATMENT

Priority: Treat the cause

Protect the skin:

- ▶ Gently clean and pat skin dry.
- ▶ Apply thin layer of zinc oxide base barrier cream.
- ▶ Consult a physician about an antifungal agent if yeast rash is suspected.
- ▶ Keep bed pads and undergarments clean and dry.
- ▶ Consider toileting every 2 hours to keep clean and dry, if indicated.

Our Wound Center staff can answer your questions about IAD and take care of your needs.

REACH US AT (402) 354-7320