TIME IS MUSCLE
EARLY HEART ATTACK CARE

Early recognition and treatment of heart attacks saves lives.

Typical symptoms of a heart attack
- Chest, back, neck, jaw, shoulder, arm pain/discomfort
- Indigestion, nausea, vomiting
- Sweating
- Shortness of breath

Women can have unusual symptoms
- Fatigue
- Heart burn, stomach pain
- Lightheadedness, dizziness

Geriatrics and diabetics can also have unusual symptoms
- Weakness
- Lightheadedness
- Confusion

If you or someone you know show any of these symptoms, CALL 911 IMMEDIATELY

NEVER drive yourself to the hospital if you show signs of a heart attack.

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The meaning of care.™